











On July 29th, under the rising full moon, Kristine – who runs the MOON CIRCLES at Terra Oslo – invites you to a special outdoor circle at Trevarefest. While her regular circles in Oslo are for women, this festival gathering in the wild nature of Lofoten is open to both women and men, rooted in the tradition of people coming together in circle to ground themselves, share, and connect with nature's rhythms.

This is "yin yoga for the mind and soul" – a calm sanctuary in the middle of the festival that asks nothing of you, yet leaves you nourished, offering 90 minutes of guided rest through meditation, visualization, circle singing, reflection, and sharing. You're welcome exactly as you are, whether tired from festival nights or full of energy, as the circle offers a pause to land, reconnect, and open under the full moon.

Facilitator Kristine Utne Stiberg is an actress trained at the Danish National School of Performing Arts and Nordic Black Theatre, with 15+ years in the performing arts, a certified circle facilitator (WCFC 2025), and also known as Kristine Blir Rapper, working across music, theatre, and performance to connect people – to themselves and each other.





Golden Days: Monstercirkel og aftenbad

Wednesday, September 16, 2026 at 19:00 - 20:30

Rapper, skuespiller og månecirkel-afholder Kristine Utne Stiberg inviterer til monstercirkel, hvor dæmoniske ritualer, meditation, fællessang og aftenbad vil lokke dit indre monster frem. Mød monsteret med nænsomhed og nysgerrighed – og bliv tætte venner. Så følg med ind i mørket, læn dig tilbage, og lad dig føre gennem en aften, du ikke vil gå uforandret fra. Husk badetøj og dine bedste venner.