



**Viktor Blædel Knudsen**  
*Professional Circus Artist*

## PERSONAL DETAILS

*Birth* April 05, 1997  
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*Language* Danish, English  
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## PROFESSIONAL SUMMARY

### *Highlighted Production Experience*

- Own Production - "Spiller Instinct" [Producer and Performer] - Summer 2024
- The Royal Danish Theater - "Ragnarok" [Understudy Circus Artist] - 2023-2024
- Kompagni47 - "Romeo and Julie" [Performer] - Summer 2023

### *Stand-alone events and teaching experience*

- From 2021 and on, i have performed around Europe in various events such as commercial theatrical and variété shows
- I have many years of teaching acrobatics to kids and adults alike, and have arranged multiple workshops locally in Copenhagen

### *Technical Skills*

- Advanced level in Pair and Group acro
- Intermediate level in Floor acrobatic, Chinese Pole and theater
- Novice level in Aerial Straps and Dance

## EDUCATION

|                                                                             |           |
|-----------------------------------------------------------------------------|-----------|
| <b>Lahti Circus School</b>                                                  | 2018-2021 |
| <i>Majored in Group Acro and Chinese pole, minored in theater and dance</i> |           |
| <b>AFUK (Academy of Untamed Kreativitet)</b>                                | 2016-2018 |
| <i>Foundational circus training with a focus on Pair Acrobatics</i>         |           |

# EXPERIENCE

UNGDOMSKOLE 2025-2026

Teacher for acrobatics and strenght training

ÅBEN CIRCUS WITH CPH CIRCUS SPACE & ÅBEN FESTIVAL 2025

Circus artist and producer

CIRCLE OF ARTS 2024-2025

Circus teacher/Coach

FAMILIE FEST WITH GLIMT AMAGER 2025

Circus Artist

RAGNAROK BY THE ROYAL DANISH THEATRE 2024

Cirkus artist Understudy

SPILLER INSTINCT WITH KRUDTTØNDEN 2024

Circus artist and producer

FLAIR ENTERTAINMENT 2023-2025

Circus artist and dancer

AVRA EVENTS 2023

Circus artist and dancer

KUOPION SIRKUS 2020-2022

Performer, Coach and administration

ANNIE GET YOUR GUN -MUSICAL WITH KUOPIO CITY THEATRE 2017

Circusartist and dancer

I am a multidisciplinary circus artist with a strong foundation in acrobatics and a passion for expressive, boundary-pushing performance. I am experienced in diverse artistic environments.

I bring physical precision, creative adaptability, and a collaborative spirit to every project, I get to be apart of. I am eager to deepen my understanding of myself as a performer while contributing to innovative and impactful productions. I am passionate about community engagement and my strengths include work with children and youth.

# EDUCATION

COPENHAGEN BUSINESS SCHOOL 2024-2027

Bachelor in business Administration and Service management specializing in Culture and Art

SALPAUS CIRCUSARTIST EDUCATION 2017-2020

Graduate of the professional bachelors with dance acrobatics as graduation act

# TILDA LAPPALAINEN

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## Disciplines

### Primaries disciplines:

Group acrobatic base  
Banquine  
Hand to hand

### Secondary disciplines:

Teeterboard  
Aerial hoop

### Have also performed:

Aerial silk, bike and trapeze  
Vertical dance



# SIV KILDE

## Cirkus Artist - Acrobat - Base/Middle

With eight years of experience in sports acrobatics, has the danish acrobat Siv developed a strong foundation in basing three-high towers, hand-to-hand and banquine. Her background also includes gymnastics and dance, giving her a versatile and creative movement style on stage. She just finished her education at AFUK Cirkus School in Copenhagen, where she received 32 hours of weekly focused training in teeterboard, hand-to-hand, banquine, and aerial hoop. Siv brings strength, reliability, and a collaborative mindset to her role as a base, making her a dedicated ensemble artist ready to contribute to touring works and new creations.

### Base - Experience:

#### Gymnast on the Danish national team as a senior base.

- 2020 - 2023 • Danish Champion - Sports acrobatic Senior trio (2022) (2023)
- International competitions: MIAC (Portugal), Dredsen, Genevo, MIA (Holland)

### Instructor and teaching experience:

#### Sorø Gymnastik Efterskole (Boarding school in Denmark specialized in gymnastics)

- 2022 - 2025 **Teaching:**
- Hand-to-hand / Groupe acrobatic
- Aerials silks / hoop
- Teeterboard

#### Copenhagen Aerial Studio:

- 2024 - 2025 • Aerial Rope/Silk
- Aerial mix
- Aerial Hoop

### Performances and shows:

#### Role as base and dancer:

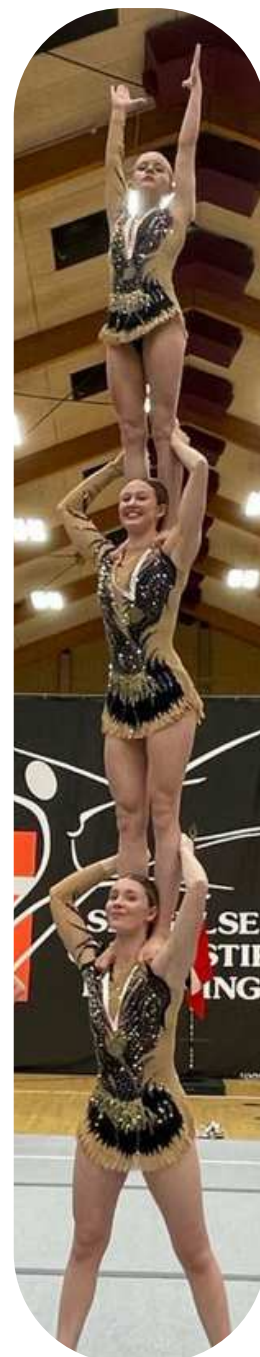
- Kompagni47 - Unmasked (2025)
- Gymnaestrada - The Nodic Evening (2023)
- Festival del Sole - Final show 2022
- Cirkus summarum (2019)

#### Roles as choreographer and performer with dancer, aerialist and base:

- AFUK - Festivias (2025)
- On The Move (2021) (2022) (2023)
- Specto (2021) (2022) (2023) (2024)

#### Roles as dancer:

- Landsstævne (2022)(2025), Påskestævne(2022) (2023), SMIL stævne(2024), Rep Stævne (2024)





En passion for at arbejde med børn og unge samt erfaring indenfor administration og planlægning af begivenheder. Styrker omfatter omsorg og opmærksomhed

## Kurser

- Førstehjælpskursus + udvidet og trafikspecialiseret + udvidet til børn og spædbørn
- Babysitter/børnepasningskursus
- Instruktør kursus i modtagning og pædagogisk undervisning
- Kørekort

## Kontakt

+45 40248895

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# FREJA ENGELL-NØRREGÅRD

Performance design og kommunikations studerende

## Uddannelse

- **Bachelor** 2024–  
*RUC Roskilde Universitet*  
Performance design og kommunikation
- **AFUK Daghøjskole** 2021–2022  
*AFUK Daghøjskole*  
Højskole kursus med fokus på cirkus og Scenekunst
- **Højskole** 2020  
*Kursus*  
Højskole kursus med fokus på cirkus og Scenekunst
- **Gymnasie STX** 2016–2019  
*STX*  
samfundsfag, engelsk og musik
- **Efterskole** 2015–2016  
*Efterskole*  
med fokus på dans og scenekunst

## Experience

- Medstifter og med-administratør  
*Cph Circus Space* 2025–2026
- Træner i luftakrobatik  
*Cph Aerial Studio* 2023–2025
- Arbejde som pædagogmedhjælper  
*Vuggestue* 2023–2025
- Arbejde som instruktør Underviser i cirkus til børn og voksne  
*Circle of Arts* 2014–2017
- Arbejde som pædagogmedhjælper  
*Vuggestue* 2020–2021
- Lektiehjælper 2018–2019
- Træner i dans og rytmisk gymnastik 2014–2017



# CV

## Helena Spirling

- Born on 22.04.2002
- 2009-2022 Freie Waldorfschule  
Dresden



### My artistic career:

- From 2012 Circus and dance (contemporary, expressive dance, modern) in my free time (dance once or twice a week, circus once a week)
- 2017-2019 Exchange "Circus Normal" with "Jugend Kunstschule" Dance group from Dresden Circus group from Stockholm
- 2019 seven-week internship at the Staatsschauspielhaus Dresden, in the make-up department
- 2018 Dance competition Neustadt Sachsen, 2nd round 2019 Paderborn
- 2020 Directed a theatre piece called "Schlafwagen Pegasus"
- Choreography workshop 2021 with Anke Gerber and Christian Mattis
- 2024 Fire show MOS Stockholm with VIS-Productions
- 2024 silk performance at the Tivolihotel in Copenhagen
- 2024 Festivitas (End of the year show in Afuk)
- May 2025 performing in a show called "Masking" in Copenhagen
- May 2025 Performing and Silk Act, choreographed by Sita Bhuller, with De-Con Event & Entertainment for the Company Würth
- 2025 Festivitas (End of the year show in Afuk)
- October 2025: Residency in "Dynamo" Odense (Denmark) with People from Copenhagen Circus Space
- Attending Silk Workshop with Marie Aspelund in Lund
- At the moment I am in my third year of artist training at the Circus School in Copenhagen (AFUK)

## My pedagogical career:

- Social project with children from a primary school: "Wolkenkuckucksheim" performance at the Festspielhaus Hellerau (Dresden), at "Kids on Stage"
- 2017-2022 Weekly circus classes (3-4.5 hours per week)
- Work on Zikus projects, (30-40 children one week with overnight stays, workshop and leisure activities):
  - 2017 Klingenberg
  - 2018 Gersdorf
  - 2019 Theaterhaus Rudi Dresden
  - 2020 Dresden, Döbeln
  - 2021 Alterode, Döbeln
  - 2022 Festival for 80 children (3 days), Döbeln, Klingenberg, Hohenstein, Marienhöhe, Alterode
  - 2023 8 weeks in circus projects at primary schools and in holiday projects (TOUSSINI, Montelino, Kulturladen Dresden, Circus Fahraway)
  - 2024: 7 weeks in circus projects at primary schools and in holiday projects
  - 2025: 4 weeks in circus projects at primary schools and in holiday projects
- Teaching courses for adults in the field of aerial acrobatics in Copenhagen (2024 and 2025)
- 2025 Teaching children's circus groups in Copenhagen (Circle of Arts)
- Teaching aerials in Sorø Gymnastikefterskole

