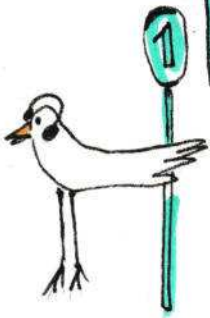


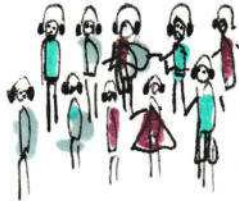


**ILL
US
TR
ATI
ON
S**

STARTING: WELCOME TO THE POINT EXPEDITION



TAKE A HEADPHONE & WALK WITH US



FOLLOW THE BIRD'S FOOT STEPS

MOVEMENTS & OBSERVATION

SIT DOWN IN THE GRASS AND LISTEN TO THE BIRDS. CAN YOU HEAR THE SINGING BLACKBIRD? CAN YOU SEE THE HOPPING MAGPIE?



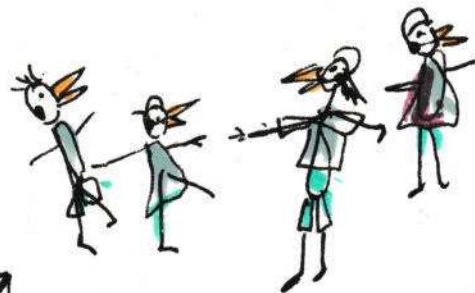
WHAT DO YOU OBSERVE?

LET'S MEET THE HEADED SEAGULL!
CAN YOU MAKE SOUNDS AND LAUGH AS SHE DOES, IT?



TAKE A PEAK AND SLIP INTO THE ROLE OF A BIRD!

SOUNDS



COME AND LET'S FLY TOGETHER TO OUR NEXT STOP



AND SLOWLY THE FEATHERS
START TO GROW



FEATHERS

SENSE HOW SOFT THEY ARE
AND WONDER ABOUT
ALL THE DIFFERENT
COLOURS! SHINY BLUE OR BLACK OR
SMALL AND COMPLETELY WHITE.

NESTING

OH, WATCH HOW ARTISTIC & CAREFUL
THE MAGPIE USES ITS PEAK!
BIRDS CAN
BE REAL
ARCHITECTS!



DID YOU ALREADY TRY
TO BUILD A NEST?



LET'S COME ALL TOGETHER IN
THE NEST AND
JOIN A COMMON SNACK
TO FINISH OUR JOURNEY!

EATING TOGETHER ENDING POINT

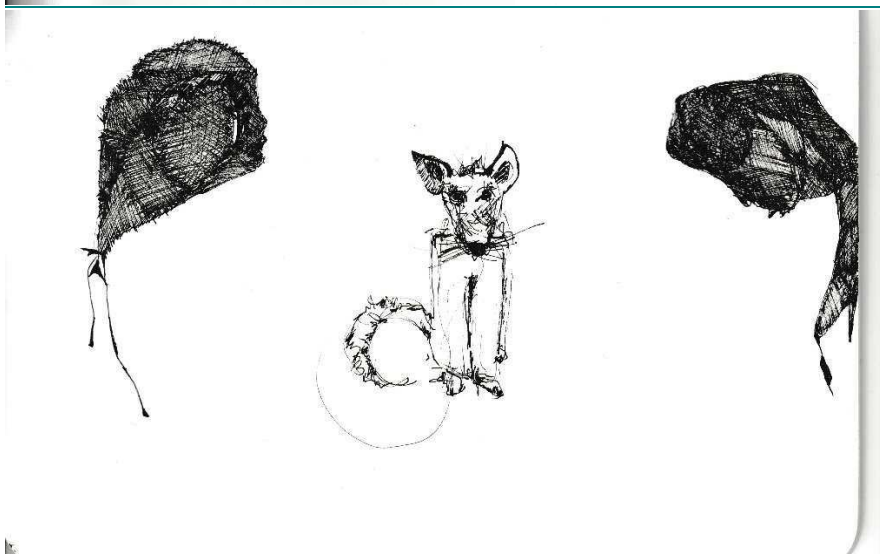
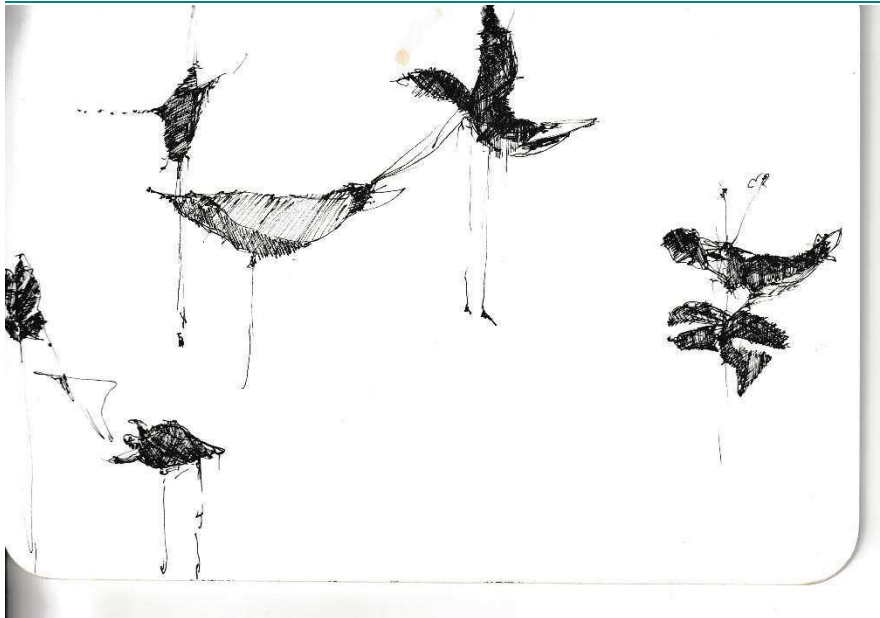
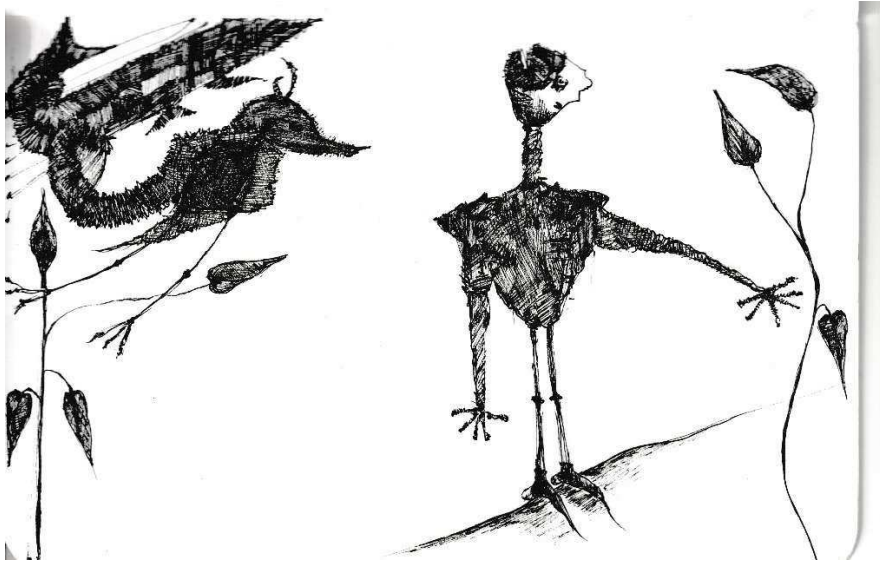
MATING DANCES



LET'S
DANCE!

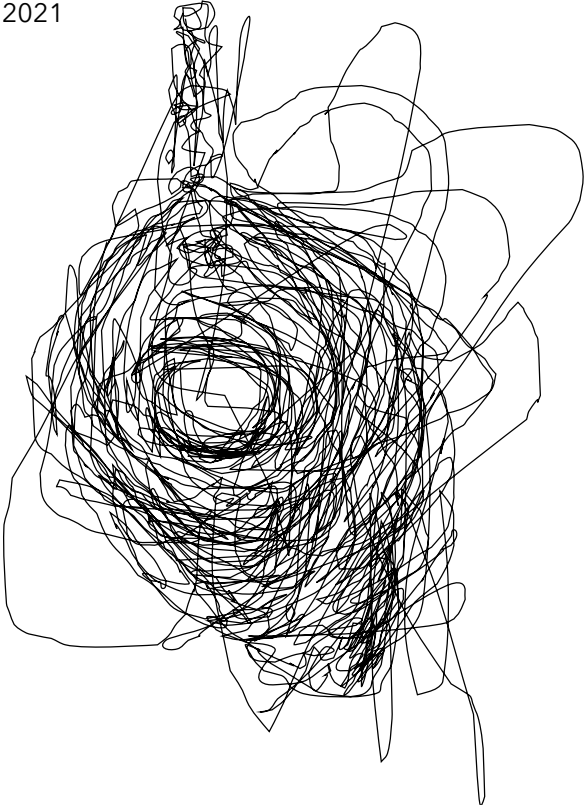
LIKE A SEAGULL
IN THE WIND
OR LIKE HERONS
WHEN THEY
MATE.

JOIN A
COLLECTIVE
DANCE



Birds & Fabulous creature: Fineliner, 2017

NESTS: Birds - architects of nature, drawings and linoleum-print, 2021



WO

RK

WI

SH

TH

OP

CHILD

S

REN

Artwork by Anna Hubner



children friendly & playful workshops exploring nature systems. We plant, we laugh, we dance and get our hands dirty.

Ungekulturhus Smedetoften

11.06 / Shapes in nature

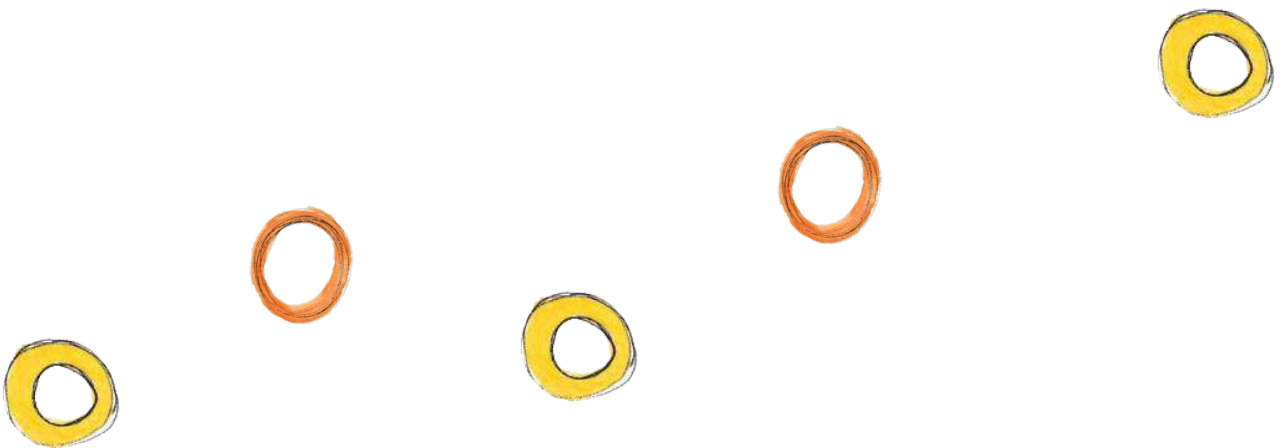
- this workshop lets kids learn basic geometry by observing nature and by exploring their physicality with friends. Using moving games and explorative plays are good ways to learn and memorize. We instruct creative physical activity tools from contemporary dance improvisation.

06.08 / Cycles of composting – good job, worms!

- this workshop will experiment with the path of organic matter returning to the soil through decomposition. Little ones will discover this natural process by taking care of worms and playing games or listening to stories.

20.08 / Cycles of water

The children listen and demonstrate with movements the trip of a raindrop around the water cycle. They will create their own 'cloud observation window' and explore their environment for different forms of water.



All workshops are instructed by local parents with a background in biology and performing arts.
Thank you, Anna, Ran, Sei & Virginia.

Degnestavnens Legeplads

14.05 / Cycles of a seed

- food digestive system is explained to kids & explored by looking at birds and the function of their digestive system for nature. From the seed come new plants that will grow to become food again. Join the scientific *poo* experience and plant seeds yourself!

26.05 / From caterpillar to butterfly

- natural transformations are explained by dancing, moving and exploring. How does a caterpillar turn into a beautiful butterfly? Make your butterfly mask or get Nordvest ready for more butterflies by planting colourful flowers on the playground.

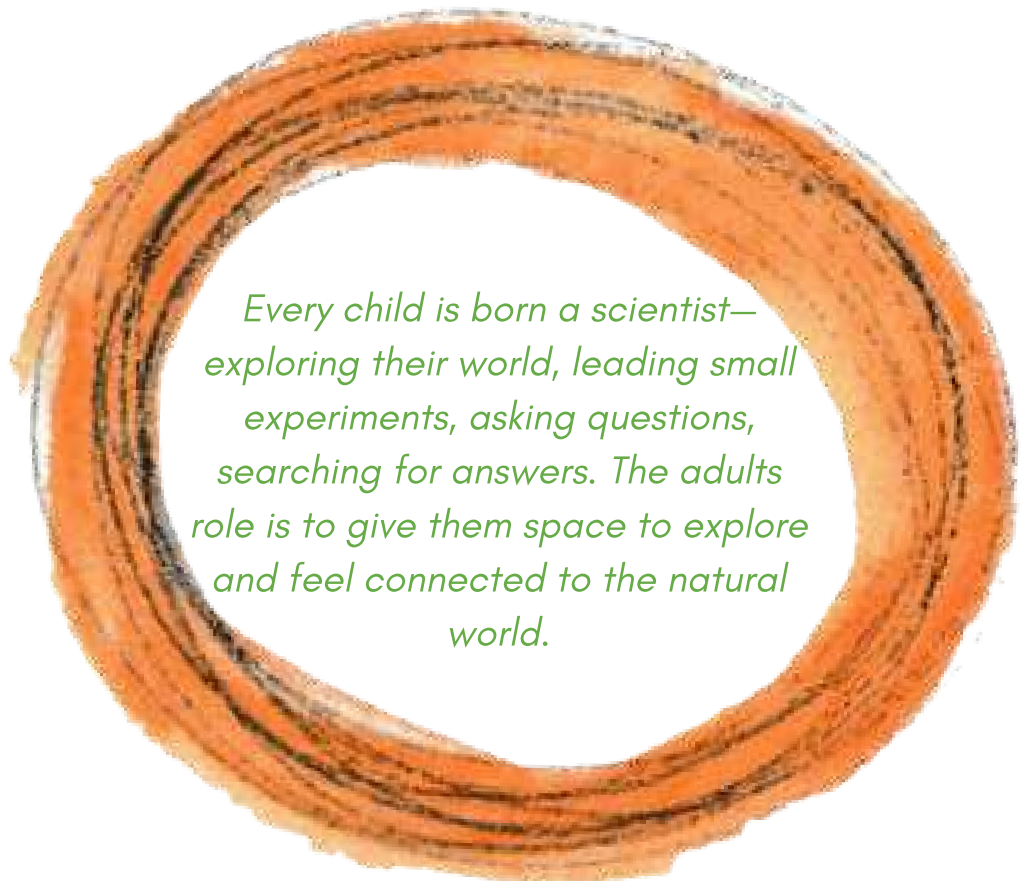
14.07 / Becoming ladybugs & ants

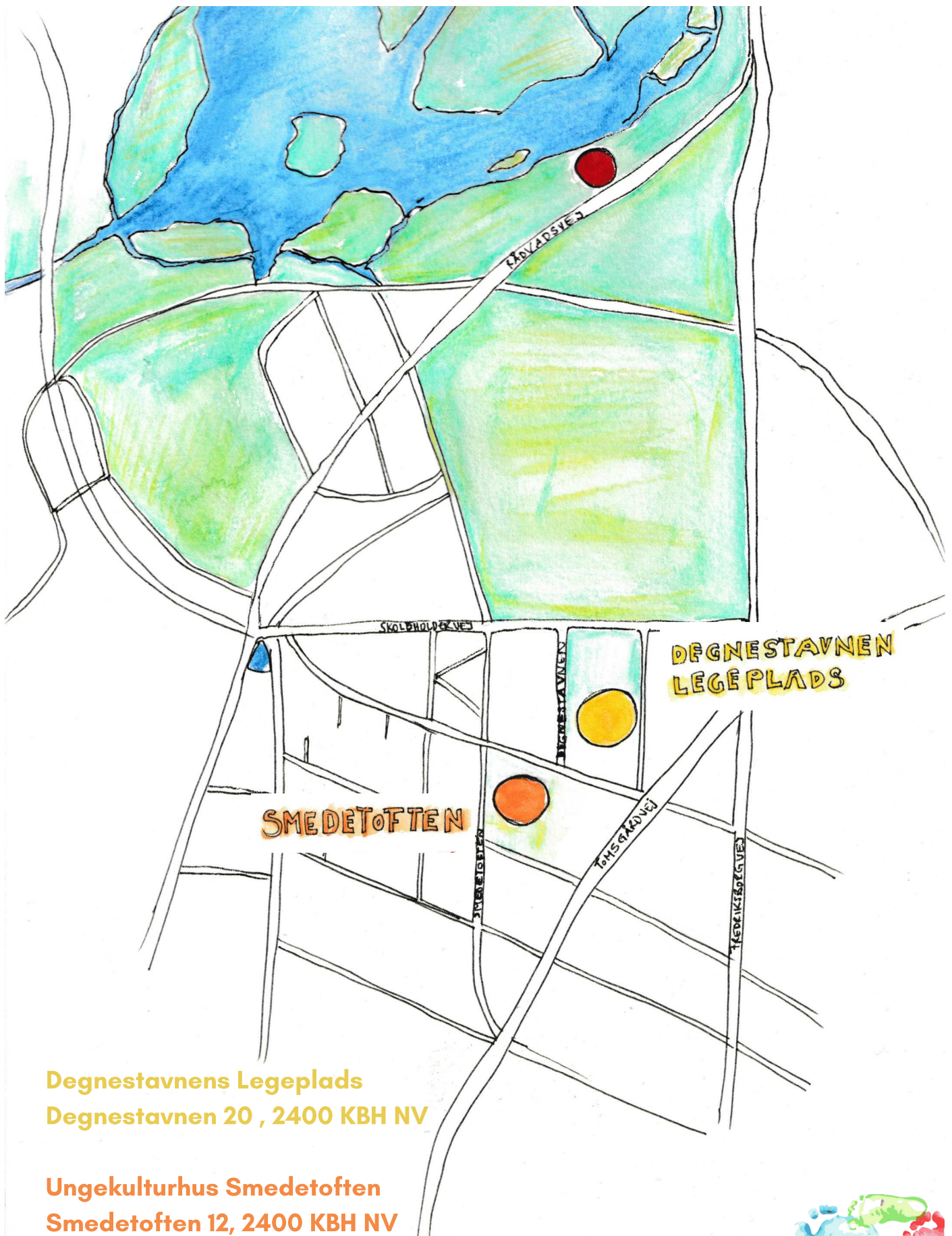
- at the workshop, kids are getting close to the local nature that surrounds them, developing their curiosity and interest in nature. We use creative activities, such as children's yoga and simple games. Kids absorb educative information effectively by using their bodies.

28.07 / Nest: growing up & flying away

- the workshop gives insights into birds' nesting habits and materials, the influence of human behaviour & pollution and shows the big variety of building-state-of-art.

All workshops run from 10-12 o'clock, are free of charge, and no registration is needed. Find more information on Forældrenes Børneklubs Facebook page.





Degnestavnens Legeplads
Degnestavnen 20 , 2400 KBH NV

Ungekulturhus Smedetoften
Smedetoften 12, 2400 KBH NV

Nature Cycles er organiserede i samarbejde
med Forældrenes Børneklub og med støtte fra
Bispebjerg Lokaludvalg



Bispebjerg
LOKALUDVALG



FORÆLDRENE'S
BØRNEKLUB

26.5. Natur Cycles: Fra larve til Sommerfugle

Kom med på en opdagelsesrejse. Vi danser, bevæger og observerer naturen. Lad os følge den sultne larve Aldrigmæt og finde ud af, hvordan den bliver til en smuk sommerfugl: vi ruller, vi kravler og vi danser farverigt i vinden.

Kom og vær med til at så en farverig blomstrende sommerfugleeng i højbede på Degnestavnens Legeplads eller lav din egen sommerfugl til at tage med hjem.

LOCATION: Degnestavnens Legeplads



28.7. Natur Cycles: A Nest- Growing up and Fly Away

En workshop om at blive voksen og flyve væk. Hvad er det for et kunstværk i træerne? Hvem er det, der bipper så højt under taget? Og hvem har bygget den store rede i egetræet? Kom og lær mere om bygherrerne og arkitekterne i naturen. Hvordan forestiller I jer en hyggelig rede? Hvad tror I har en lille fugl brug for for at være i sikkerhed?

LOCATION: Degnestavnens Legeplads



19.5, 9. & 23.6 Børneyoga

Kom til børneyoga og hop som en græshoppe, brøl som en løve og stræk dig som en hund! 🧘🐾 Vi nyder den friske luft og det levende grønt og bevæger os fra top til tå. Aktiviteten er en del af den åbne Legeklub på Degnestavnens Legeplads. Vi inviterer til kaffe og hygge hver torsdag fra kl 10-14.

