



Mental Health

Children stating that they are thriving...



At home

87% at form-level 3
91% at form-level 6
82% at form-level 9



At school

64% at form-level 3
74% at form-level 6
67% at form-level 9



In their spare time

76% at form-level 3
89% at form-level 6
85% at form-level 9



92%

The proportion of children at form-levels 6 and 9 having friends to whom they can talk to if something bothers or upsets them



96%



96%

The proportion of children at form-levels 6 and 9 having adults to whom they can talk to if something bothers or upsets them



94%

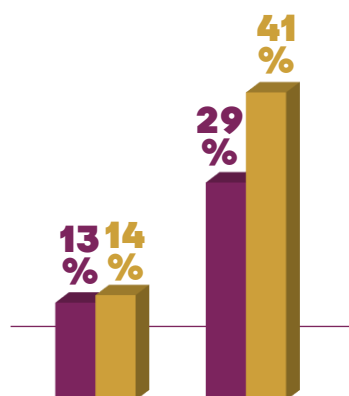


Performance culture

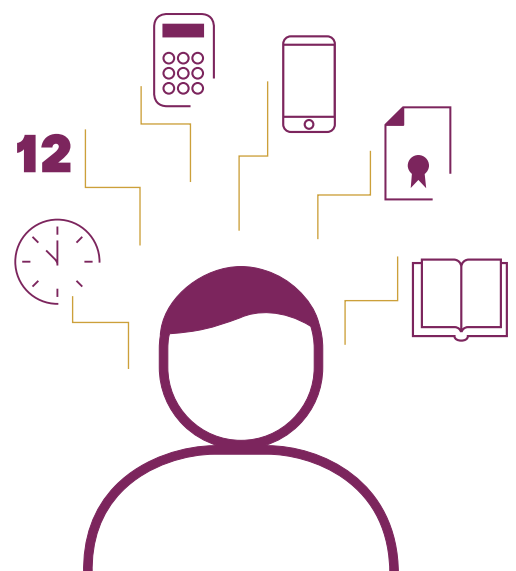
Do you think that you have too

much on your plate?

The proportion of children at form-levels 6 and 9, respectively, who answered 'Often' or 'Very often' distributed on gender



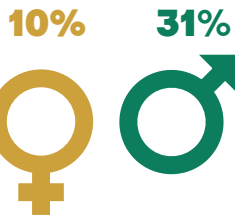
Form-level 6 Form-level 9



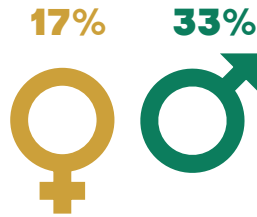


Physical activity

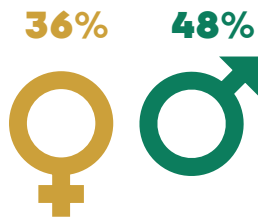
The proportion of children who are active on a daily basis, so as to become **Short of breath**



Form-level 9



Form-level 6



Form-level 3

The three most frequent **transport forms**
For going to school



An active leisure life

The proportion of children who, on a weekly basis, go to...

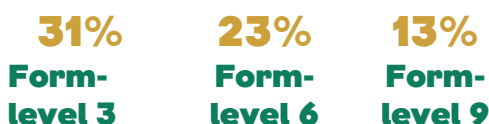
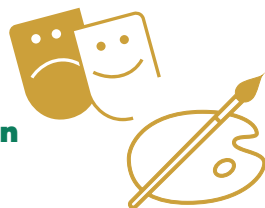
Sports in an association



Exercising or sports outside an association or a fitnesscentre



Theatre, music, scout, role-playing or a similar activity in e.g. an association

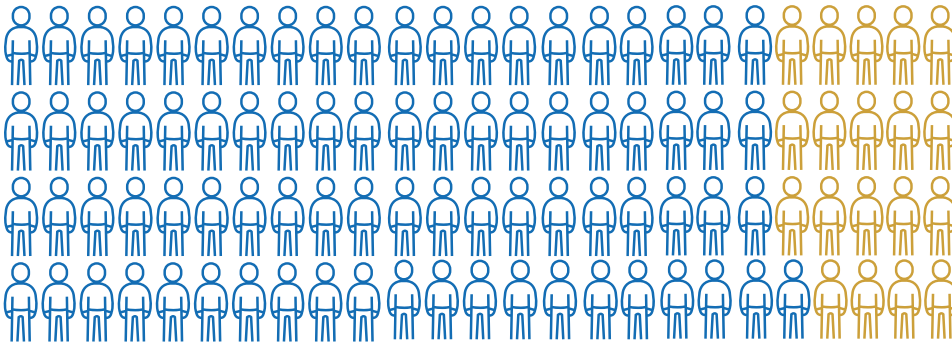


E.g. a junior or a youth club

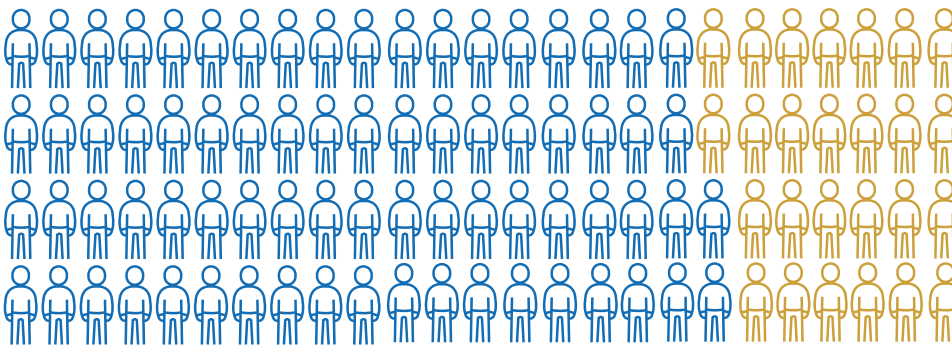




Discrimination



19% at form-level 6



26% at form-level 9

Have experienced **discrimination**, i.e. to be treated worse than others owing to:

Gender

Appearance

Native Country

Religion

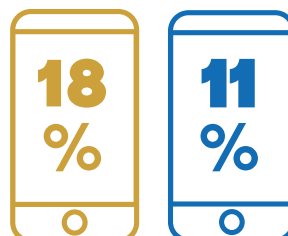
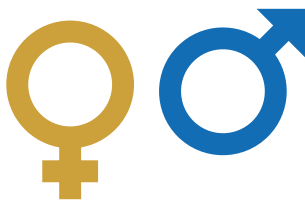
Skin colour

Handicap

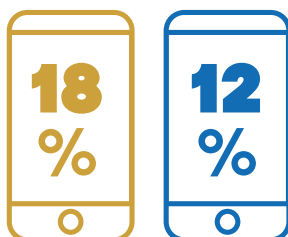
Sexuality



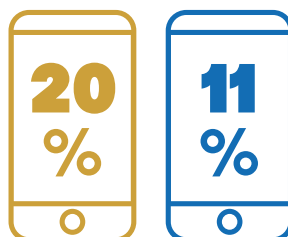
Digital behaviour



at form-level 3



at form-level 6



at form-level 9

Have received **messages, pictures or videos**, that have made them upset, afraid or angry





Sleeping patterns

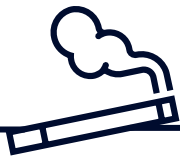
32% at form-level 6 | **44%** at form-level 9

Sleep less that 9 and 8 hours of the night before a school day.



26% at form-level 6 | **37%** at form-level 9

Disturbed by mobile, phone, tablet or computer after having gone to sleep.



Tobacco and nicotine

Form-level 9

Smoke **cigarettes** **10%** on a regular basis

Use **snuff** **6%** on a regular basis



Alcohol

Form-level 9



***Binge-drinking:** To drink five or more units of alcohol at the same occasion

Have been binge-drinking* 3 times or more in the course of the last month



Concluding note

All results in this pixie are based on data from the report **The Children's Health Profile 2021 – Copenhagen**. This concluding note refers to such questions and response categories of the complete report on the basis of which the percentages of the pixie version have been calculated. Please note that there may be differences in percentages between the pixie and the complete report. These differences typically result from round-offs and, in three cases, in a changed calculation basis. It will not be possible to retrieve results from the pixie which solely refer to gender differences across form-levels 6 and 9.

Explanation of the following symbols:



This symbol refers to the children having stated to be girls



This symbol refers to the children having stated to be boys.

Mental health

The first figure shows the proportion of children at form-levels 3, 6 and 9, respectively, who thrive at home, at school and in their spare time. The proportion, shown for children at form-level 3, is for those who answered "Well" to questions 1.3, 1.1 and 1.5. The proportion shown for children at form-levels 6 and 9 is for those who answered, "I cope very well" and "I cope well" to questions 1.4, 1.2 and 1.6.

With respect to the questions above, only a few per cent of the children from each year group state that they are not thriving. The remainder of the group answer that they are coping fairly well.

The next figure shows the proportion of boys and girls across levels 6 and 9 who answered "Yes, several" and "Yes, just one" to question 1.9 and "Yes, several" and "Yes, just one" to question 1.14.

Performance culture

This figure shows the proportion of children at form-levels 6 and 9 who answered, "Very often" and "Often" to question 2.1. This figure is split up into boys and girls.

Physical activity

The proportion shown for children at form-level 3, is for those who answered "Yes, often" to question 3.1. The proportion shown for children at form-levels 6 and 9 is for those who answered, "Every day/several times a day" to question 3.2. These figures are split up into boys and girls.

Further, the three most frequent transport forms to school are stated across form-levels 3, 6 and 9. The percentages are calculated on the basis of the answers to questions 3.6 and 3.7.

An active leisure life

The total proportion shown is for children at form-level 3 who answered "Yes" to questions 3.12 and

and 3.13. The percentages of the figures were calculated on the basis of the total number of respondents with respect to question 3.11.

For children at form-levels 6 and 9, respectively, the proportion shown is for children who answered, "Several times a week" and "Once a week" to questions 3.15, 3.16, 3.18 and 3.19.

Discrimination

The figure shows the proportion of children at form-levels 6 and 9, respectively, who answered, "Yes often" and "Yes, a few times" to question 1.16.

Digital behaviour

The figure shows that the proportion of children at form-level 3 who answered "Yes, often" and "Yes, sometimes" to question 4.3. The proportion is shown for children at form-levels 6 and 9 who answered: "Yes, often" and "Yes, a few times" to question 4.4. This figure is split up into boys and girls.

Sleeping patterns

This figure shows the proportion of children at form-level 6 who sleep less than 9 hours of the night as well as the proportion of children at form-level 9 who sleep less than 8 hours of the night. The percentages are calculated on the basis of the answers to question 5.2.

The next figure shows the proportion of children at form-levels 6 and 9, respectively, who answered "1-2 days", "3-4 days" and "5 days or more" to question 5.5.

Tobacco and nicotine

The figure shows the proportion of children at form-level 9 who answered, "Smoke occasionally" and "Smoke on a daily basis" to question 6.1. This figure also shows the proportion of children at form-level 9, who answered, "Use snuff occasionally" and "Use snuff on a daily basis" to question 6.3.

Alcohol

The figure shows the total number of boys and girls, respectively, at form-level 9 who answered "3-5 times" and "6 times or more" to question 6.6. The percentages of the figure were calculated on the basis of the total number of respondents with respect to question 6.4. The figure is split up into boys and girls.